

a *vocate coaching* program

# generative living & working

*supporting you to harmonise pleasure, goodness  
and meaning in your life and work*

I aspire to live a generative life. I desire to experience the best this world has to offer in all its beauty and wonder (pleasure). I want to be the best human being I can, spending my time doing the things I'm best at (goodness), and I hope to make a substantial contribution to making the world a better place for the next generation (meaning).

In this six month program, I'll support you in understanding and taking action in these three arenas of your working life, and if relevant as that spills over into other parts of living. Each program will be designed in conversation, however, you can expect to:

- Identify the **key issues / challenges** in the next season, design a course of action, and be supported in executing it.
- Meet **face-to-face** at least once / month, with ad hoc communication in between as needed. I'll be there for you!
- Understand the **Generative Living and Working Model** and learn how to apply it to your situation now and into the future. This means assessing your current realities through the three lenses, determining the appropriate 'harmony' of the three dimensions in this season, and committing to supported action.

Other tools and expertise are available as helpful: MBTI®, (Barrett) Leadership Values Assessment, and more.

*We all want to make the most of life. But in the busyness and complexity of urban living we find ourselves getting swept along and can struggle to imagine life outside the channels we have chosen, however positive they are. Instead we fantasise about retirement.*

*Maria and I have chosen to live with no regrets. As we've pondered deeply our own journey through unconventional lifestyle choices while running a business and raising a family, I've distilled a set of lenses that have helped us make sense of our reactions and helped shape our decisions.*

*If you would like some support to think about your life and work choices, then I'd love to work with you.*



## Pricing:

\$1400 / month

(including GST)

Standard program for six months, renewable by mutual agreement.  
Limited numbers available.



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